Good Morning!

Super Steele Cut Oatmeal 5.25

You will be amazing when you start your day with this! Organic steele cut oatmeal sautéed with dried cranberries, golden raisins and chopped apple, and topped with sugared walnuts

Dahi Yogurt with Fruit 5.45

Protein rich yogurt sweetened with agave nectar and vanilla, served with seasonal fruit

Pancakes!



With 45th's locally distilled Midwest Vodka served in a celery-salt rimmed glass with pickled garnish and a beef stick



Apricot White Chocolate, Raspberry White Chocolate or Cranberry

Baked right here in the Table 65 kitchen!



Add a second

Croissant & Jam 3.50

French Toast

With Pure, Local Maple Syrup

regulation 6.95 chocolate chip or blueberry 7.95 with pure, local maple syrup

Wholesome French Toast 6.45

Maple Compote

Warmed apple, raisin, cranberry, walnut, and maple syrup

Cranberry wildrice multigrain French toast

Cinnamon French Toast 6.45 Delicious cinnamon swirl French toast

We propose a toast.

Can be made Phoebe's Toast & Gluten Free

Creamy Avocado and seasoned fresh tomato on multigrain

3.50

Goat cheese, maple syrup & bacon on wildrice multigrain

4.95 Hummus, fresh diced veggies,

Cranberry wild rice toast with brie, fresh apple, and honey

5.95

with over easy eggs on wildrice multigrain 4.95

Mimosa 3.50

The Breakfast Sandwich Served with seasonal fruit

It's a Panini!

Breakfast Panini Wrap 9.45

Feta, roasted red pepper, and an

over easy egg on sourdough

4.95

Egg, smoked ham, Swiss cheese, spinach and a balsamic glaze with sliced tomato

Bourbon Street Breakfast Wrap 9.95 Eggs, Andouille sausage, our Creole sauce,

hashbrowns & queso

Veggie Croissant 7.95 spinach, red and yellow peppers, onions, cucumber, tomato and hummus Flip an egg on it 1.00

Gvocado, Bacon, Lettuce and Tomato 8.25

Wisconsin wild cherrywood smoked bacon, lettuce, over-easy egg and tomato with avocado

Steak Wrap 9.95

Sliced steak, mushrooms, onion with scrambled egg and provolone

Thai Peanut Veggie Wrap 8.45
Sauteéd zucchini, sweet peppers, pineapple,

asparagus, Katy's shredded carrot, brown rice, with cilantro, lettuce, and our spicy Thai peanut sauce in a tomato wrap

GII In! Panini Wrap

Bacon, hashbrowns, mushrooms, egg, Italian sausage, spicy aioli and provolone cheese

Bread:

Sourdough Wild Rice Multigrain Ciabatta Cranberry Wildrice Cinnamon Swirl

Gluten Free

Wraps: Tomato Garlic & Herb Multigrain

Live Well, Laugh Often

TABIF

Your "Traditional" Breakfast

2 Eggs, Meat and Toast 6.85 Andouille sausage, bacon, Italian sausage,

or smoked ham.

Bistro Filet and 2 Eggs with Toast

A 4oz. Bistro filet steak, eggs, and toast with chimichuri. Upgrade to a 6oz. 12.95

\$ 2 Eggs and Toast 3.99

Classic Biscuits with Sausage Gravy 12.95
Sub sourdough toast. Add two eggs 2.50

Smoked Salmon with Poached Eggs and Toast 11.45

Omelets

with seasonal fruit

GII In 12.45

Crispy hashbrowns, Italian sausage, natural cherrywood smoked bacon, mushrooms, queso, and spicy aioli

Queso Mushroom 8.25

Sauteéd fresh Crimini mushrooms, red peppers, with queso

Greek Shrimp 11.95

Feta, black olives, spinach, fresh tomatoes & garlic

Local Smoked Ham and Onion with Swiss 10.25

Smoked Salmon and Brie with Red Onion 10.25

Very Veggie with Parmesan 10.25

Oh Yeah! Portabella1

Vancouver Smoked Salmon Portabella, eh?! 13.45

Sautéed portabella layered with sauteéd peppers, onions, spinach and smoked salmon topped with a semi-soft fried egg and provolone

The Portland 10.95

Sautéed portabella layered with brown rice, asparagus, spinach, sauteéd peppers, onions, topped with a semi-soft fried egg and provolone

Oh Yeah! Portabella 13.95

Sautéed portabella layered with sauteéd onion, peppers, spinach, and smoked ham topped with semi-soft fried egg and provolone

The Philly 13.95
Sautéed portabella layered with sliced beef, sauteéd peppers, onions, and a semi-soft fried egg and provolone

Baked Fritatta with seasonal fruit Fritatta

Italian Sausage Fritatta 9.95

Eggs, mozzarella, sweet peppers, Italian sausage and onion baked in a bed of zucchini noodles

Veggie "Pasta" Fritatta 10.95

Eggs, asparagus, carrot, sweet peppers, onion, mushroom and Parmesan, baked in a bed of zucchini noodles

Bourbon Street Fritatta 9.95

Eggs, queso, sweet peppers, Andouille sausage baked in a bed of zucchini noodles with a side of spicy etouffé

Veggie Hash

The Robust Betty 14.95

Onions, mushrooms, and jalapeño, our veggie hash, caramelized with pit barbeque sauce, topped with steak tips and two eggs

Huevos Rancheros 14.95

Two eggs, *spicy* grilled jerk chicken, our veggie hash, with queso and jalapeño avocado

Veggie Hash with 2 Eggs 8.45 Served with creamy jalapeño avocado dressing

Sides

Spicy Andouille Sausage 3.50

Crissspy Hash Browns 3.50 Nueske's WI Wild Cherrywood

Smoked Bacon 3.50

Italian Sausage 3.50 Smoked Ham 4.00

Gluten tree?

Nearly all of our items can be made to accomodate a gluten free lifestyle. This grain icon indicates those few items that <u>unable to be made gluten free.</u>

Although we offer gluten free bread, pasta and sauces, we do not claim to be a gluten free establishment.



